

# START COUNSELLING

## What is covered?

Start Counselling is designed to introduce you to counselling skills and theory behind them. These skills can support you in your personal and work role when dealing with others. This course can be your first stepping stone to further qualifications and/or a career path in supporting others.

- Developing core counselling skills
- Elements of different counselling theories
- Introduction to ethical frameworks and diversity
- Personal qualities relevant to supporting roles

## Key Information

**Qualification:** NCFE Level 2 Certificate in Counselling Skills

**Cost:** Fully funded for eligible residents.

**Funding requirements:** Tees Valley, Sunderland, South Tyneside or North Yorkshire resident. 19 years old and over.

## Upcoming Course Dates

- Starts 7th August in **South Tyneside**
- Starts 4th September in **Sunderland**
- Starts 4th September in **Middlesbrough**
- Starts 20th October in **Middlesbrough**